

Pure Grape Syrup (Petimezi)



Superfood

Grape molasses or petimezi, is an ancient food, popular for its nutritious qualities and delightful flavour. Before establishing the use of sugar, petimezi was very commonly used across the Mediterranean and especially Greece, not only as a sweetener but as a remedy as well.

ALFA LEONE Petimezi is 100% pure concentrated grape must made according to a traditional recipe, without preservatives.

Can be used as a Tonic: 1-2 tablespoons in the morning on an empty stomach



Recent scientific studies have shown that it has a rich nutritious value and is prized for its delicious sweet taste and its high iron and calcium content.

Use Petimezi as a substitute for honey or maple syrup. Pour a generous drizzle of Petimezi over ice cream, yoghurt, cheese, pancakes or waffles to upgrade them with its distinct flavor and sweetness. It is great for glazes and dressings and makes a good superfood when mixed with tahini.

BENEFITS OF GRAPE MOLASSES

- Excellent source of Iron, Calcium, Magnesium, Manganese, Phosphorus, Potassium & Copper
- Enhances & Improves blood circulation
- Gives Energy
- Boosts Immune System
- It works as an Antidepressant
- Can be used by people suffering from anaemia & it can be extremely restorative
- Is an appetizer
- Beneficial for pregnancy & baby development
- Strengthens stomach, intestines and kidneys
- Good against arteriosclerosis
- Soothing properties for the throat & can be used as cough syrup

Nutritional facts per 100ml: Energy 1212kcal, Fats <0,1g, Carbohydrates 70,5g, Proteins 0,8g, Calcium 74mg, Iron 1,5 mg, Phosphorus 40 mg

NO sugars, additives, colouring, perservatives added.

